season 22



2021-2022 competitive package



GENERAL

Thank you for your interest in the competitive program at Stars of Tomorrow Dance Academy (SOT). We are excited to extend an invitation for your dancer to join the 2021-2022 Competitive Team.

The competitive program is designed for dedicated dancers who enjoy dancing and who strive to accomplish an advanced level of training. Competitive dancers learn life skills through performances, competitive events, attending unique workshops, working as a team and so much more.

The information in this package is intended to explain the time, financial and other commitments involved with our 2021-2022 competitive team.

Dancers are extended the invitation to join any of the classes which they have been listed under, on the 'Class List' document. Dancers are not obligated to register for all classes; however, the classes listed are the ones we feel are best suited to the dancer and class changes will not be negotiated. An overview of all competitive team requirements has been included on page 4.

Please see the '2021-2022 Class Schedule' document for class times. Every effort has been made to create a schedule that works for all dancers; however, we understand times may not be convenient for all students.

COMPETITIVE TEAM VALUES

Commitment, Determination, Trust & Loyalty are our main values as a studio and are at the heart of our approach. It is our goal to instill our values in our students.

COMMITMENT

We are committed to being the best we can be. In order to achieve this, we place our dancers at the center of everything we do. In return, every dancer must be committed to work to their full potential in class, at rehearsals and on stage!



TRUST

Trust is the foundation of all successful dancer-teacher relationships. Dancers must trust their teachers and the process as they navigate through their classes. Teachers have all dancer's best interests at heart and promise to work with each student in the best way we know possible, to help them improve.



DETERMINATION

We are committed to working with all dancers to reach their goals. Dancers must have the self-determination to find a purpose for their hard work and set goals for their dance season.

LOYALTY

We are dedicated to building and maintaining loyal relationships with our dancers. We want to work with dancers on both short and long-term goals, building on a solid foundation, to last them all their dance years. We aren't just building a company, we're building a family.







Table of Contents

GENERAL OVERVIEW	PAGE 2
TABLE OF CONTENTS	
COMPETITIVE TEAMS SUMMARY	
REQUIRED (SYLLABI) CLASS INFORMATION	
REQUIRED (LARGE GROUP) CLASS INFORMATION	
SPECIALTY GROUP & SDT INFORMATION	
ATTENDANCE & COMMITMENT	
DRESS CODE	
COMPETITIONS, COSTUMES & SHOES	
TUITION	
ADDITIONAL EXPENSES	12
COVID-19 RELATED CLASS PROTOCOLS & HYBRID DANCE CLASSES	13
COMPETITIVE REQUIREMENTS & EXPECTATIONS	14-16
REGISTRATION POLICIES & INFORMATION	17-18

(902) 433-0380





COMPETITION TEAMS & PROGRAM REQUIREMENTS

Competitive dancers will take a combination of weekly technique (non-competitive) and competitive classes. Different levels in our competitive program have different requirements for their training; please see below.

	SPARKLERS	RISING STARS	LITTLE STARS, MINI, PETITE, JUNIOR, TEEN, SENIOR	GROUPS (BY INVITE ONLY)
STYLES OFFERED	Jazz/Tap Acro	Jazz Tap Acro	Jazz Contemporary Tap Musical Theatre Acro Hip Hop	Contortion Tumbling Ballet Lyrical
NUMBER OF COMPETITIONS	3 competitions (local)	3 competitions (local)	3 competitions (local)	3 competitions (local)
REQUIRED CLASSES	DUIRED CLASSESJAZZ/TAP • N/AJAZZ • SOT syllabus Ballet classACRO • SOT syllabus Acrobatic Arts ClassTAP • N/AACRO • SOT syllabus Acrobatic Arts classTAP • N/A		JAZZ/CONTEMPORARY/ MUSICAL THEATRE • SOT syllabus Ballet class • Leaps & Turns/ Flexibility encouraged, but not required TAP • Pro-Am Tap+ • Dance Conditioning encouraged, but not required	CONTORTION/ TUMBING • Competitive acro class • Lyrical or contemporary class encouraged, but not required LYRICAL • Competitive contemporary class
 NOTES: Dancers who register for multiple competitive styles of dance must meet the requirements for each style taken. For example, a dancer in Little Stars Acro & Little Stars Jazz will be required to take a SOT Acrobatic Arts Class, SOT syllabus Ballet & Acro Large. See pages 5-6 for more information on syllabi Ballet & Acro classes. +More information on large groups can be found on page 7. Information on competitive adult classes is not included in this package, please contact the office for more information. 		 SOT syllabus Acrobatic Arts Class SOT syllabus Ballet class 	 BALLET SOT syllabus Ballet Full-year competitive student (must take a competitive class other than ballet) 	

1213 Cole Harbour Road Dartmouth, Nova Scotia

(902) 433-0380



SPECIALTY



REQUIRED (SYLLABI) CLASS INFORMATION

Ballet

Our Ballet Syllabus

Stars of Tomorrow Dance Academy follows the Society of Russian Ballet syllabus. The syllabus provides a strong foundation for students and creates a structured ballet program with progression from one level to the next.



Competitive Dancers

All competitive dancers in Rising Stars, Little Stars, Mini, Petite, Junior, Teen & Senior classes, other than those in tap and/or hip hop only, must be enrolled in syllabus ballet class(es), appropriate to their level, at SOT. Class placements for syllabus Ballet classes have been attached. Any dancers who were not previously in a ballet class, but would like to be placed in a class, are asked to email ballet.sotdance@outlook.com.

Important Notes:

- Dancers placed in level primary to 3 ballet have class one time per week, dancers in level 4+ have class twice per week. When there is more than one class time option on the schedule for level primary to 3, you may pick the most convenient time for your schedule, space permitting. If there are two times for your level, and you would like to take both classes, you may, space permitting.
- There are two sets of level 4 ballet classes this year, dancers must take both '4A' or '4B' classes; dancers cannot take one '4A' and one '4B'.

Examinations

Examinations happen in the spring of each year. Examination invitations will be sent in December-January, to students the instructors and Ballet Director feel are ready. Successful candidates are awarded certificates and issued comment sheets providing them with detailed individualized feedback.

Examinations are optional, but we strongly encourage all those invited to participate. Although examination invitations are not sent to all students, Ballet classes are still valuable and imperative to aid in the building of a dancer's technique. Examination dates and fees will be released at a later date.

Pointe

Receiving your first pair of pointe shoes is a very exciting time in a dancer's journey! Many factors are considered when determining when a dancer is ready to go en pointe. A list of dancers invited to pointe has been included. More information on how and when to order pointe shoes will be sent separately, closer to the start of the dance season.

- While dancers must take ballet, pointe is not mandatory; invited dancers may opt not to take this class.
- Pointe is highly encouraged for dancers in Pre-Elementary Ballet as there is a pointe component to the exam.

Ballet Department Director

Elizabeth MacDonnell, SRB, Assoc.

Any questions regarding our ballet program should be directed to Elizabeth, via email, at ballet.sotdance@outlook.com.







REQUIRED (SYLLABI) CLASS INFORMATION CONTINUED

Acrobatics

Our Acro Syllabus

Stars of Tomorrow Dance Academy follows the Acrobatic Arts syllabus, The program is based on safe and effective progressions in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering and Tumbling.



Competitive Dancers

All competitive acro dancers must be enrolled in a SOT syllabus Acrobatic Arts class, appropriate to their level. Class placements for syllabus Acrobatic Arts classes have been attached. Any competitive dancers, not previously in an acro class, that would like to be placed in an Acrobatic Arts class, are asked to email sotdance@live.com.

Important Notes:

- Acrobatic Arts classes run for 20 weeks, from September to March (see 'Important Dates' for more specific date information).
- Acrobatic Arts technique classes are flat fee classes (see page 11 for tuition information).
- Dancers are only required to attend one Acrobatic Arts class a week. If there is more than one class time option on the schedule, you may pick the most convenient time. If there are two times for your level, and you would like to take both classes, you may, space permitting.
- Dancers are encouraged to bring a yoga block to their Acrobatic Arts classes.

Examinations

The Acrobatic Arts examination process is designed to have defined and achievable goals to motivate dancers to excel. Dancers work through twelve exam levels, each designed to create a well-balanced acrobat.

Examiners evaluate dancers against a set universal standard, allowing dancers and teachers to see where the dancer stands globally. Students who complete the level they are being tested for will receive a certificate to commemorate their achievement. All students will receive feedback complementing areas of excellence and suggesting areas for improvement. Dancers entering an Acrobatic Arts examination for the first time must complete a level 6 or lower exam before taking the upper level(s).

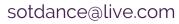
Examination invitations will be sent in December-January, to students the instructors and Acrobatic Director feel are ready; examinations are expected to happen in February - March of 2022. Examination dates and fees will be released at a later date. Examinations are optional, but all those invited are encouraged to participate! Although examination invitations are not sent to all students, acro classes are still both valuable and imperative for all dancers studying acro dance.

Acrobatic Department Director

Jayde MacDougall, AA preschool, M1, ACA; AF M1, M2, M3 Any questions regarding our acro program should be directed to Jayde, via email, at sotdance@live.com.









REQUIRED CLASS INFORMATION CONTINUED

large Groups

Stars of Tomorrow is proud to offer a variety of opportunities for dancers to grow, including the opportunity to compete in large groups. Dancing in a large group, across levels, is an important part of a dancer's journey. Working together in large groups gives dancers the unique opportunity to learn from each other and guide one another with one common goal in mind. Working with a large group is important to each individual dancer's growth, and creates a strong bond within the team.

PRO-AM TAP: All dancers in Little Stars - Senior Tap will participate in two competitive dances. Along with their class dance, all dancers will also be part of our 'Pro-Am Tap' routine; a piece where teachers, students and adults dance together. Pro-Am tap will be choreographed by Stephanie Hibberd and Leanne Gillan. There is no extra cost for this piece other than the fee to compete and the costume fee.

The routine will be learned and rehearsed during regular weekly classes, along with the full group rehearsals as outlined on the 'Large/Specialty Group Rehearsal Schedule'.

ACRO LARGE: All dancers in Rising Stars - Senior acro will participate in two competitive dances. Along with their class dance, all dancers will also be part of our 'Acro Large' group, to be choreographed by Jayde MacDougall. There is no extra cost for this piece other than the fee to compete and the costume fee.

The routine will be learned during regular weekly classes, along with full group rehearsals to run the piece altogether. Please see the 'Large/Specialty Group Rehearsal Schedule' for details on the everybody rehearsal dates & times.









SPECIALTY GROUPS

Speciality Groups, by invite

Stars of Tomorrow has always loved being having specialty group routines, giving dancers with like qualities, across age divisions, the opportunity to dance together. All pricing information for specialty groups can be found on page 11.

COMPETITIVE CONTORTION: Jayde MacDougall will be choreographing a competitive, contortion-focused acrobatic group. This piece is by invitation only (please see the 'Class Lists' document); class requirements can be found on page 4. Rehearsals will run throughout the season on Friday evenings from September to March (see schedule/ important dates for more information). Fee information can be found on page 11.

COMPETITIVE TUMBLING: Jayde MacDougall will be choreographing a competitive, tumbling-focused acrobatic group. This piece is by invitation only (please see the 'Class Lists' document); class requirements can be found on page 4. Rehearsals will run throughout the season on Friday evenings from September to March (see schedule/important dates for more information). Fee information can be found on page 11.

SUMMER PIECE (LYRICAL): Lauren MacEachern will be choreographing a competitive lyrical routine to be learned over the summer. This piece is by invitation only (please see the 'Class Lists' document); class requirements can be found on page 4. This routine will be rehearsed throughout the season; please see the 'Large/Specialty Group Rehearsal Schedule' for both summer choreography and regular season cleaning rehearsals. Fee information can be found on page 11.

COMPETITIVE BALLET: Elizabeth MacDonnell will be choreographing a competitive ballet routine, to be learned over the summer. This piece is by invitation only (please see the 'Class Lists' document); class requirements can be found on page 4. This routine will be rehearsed throughout the season; please see the 'Large/Specialty Group Rehearsal Schedule' for both summer choreography and regular season cleaning rehearsals. Fee information can be found on page 11.

PARENT/DANCER: We will once again be offering our Parent/Dancer class, taught by Stephanie Hibberd! This class is open to any competitive students age 9 and older, as of December 31st, 2021, and a parent/guardian! Rehearsals will run throughout the season on Sundays from September to March (see schedule/important dates for more information). Fee information can be found on page 11.

SOLO/DUO/TRIO ROUTINES

In addition to regular, large and specialty group opportunities, SOT also has a number of dancers compete in solo, duo and trio categories each season. These routines allow dancers to learn (an) extra routine(s) by themselves or with 1-2 other dancers. For more information on solo/duo/trio routines, for the 2021-2022 season, please see the '2021-2022 Solo/Duo/Trio Package'.







ATTENDANCE & COMMITMENT REQUIREMENTS

In order for our competitive sector to be a success, it is necessary for all dancers to put forth a strong commitment. While there are legitimate reasons for being excused from a team rehearsal or technique class, attendance is important. Dance is a team sport; dancers are expected to make a commitment to their team and teachers, for the season! The attendance policy pertains to competitive and required technique classes.

EXCUSED ABSENCES - STUDIO MUST BE NOTIFIED PRIOR TO CLASS: All competitive members may miss up to two classes in any style, that do not fall on the blackout dates mentioned below, with a maximum of two large group absences, total and no more than one per style (i.e. dancers may miss one Pro-Am Tap rehearsal and one Acro Large rehearsal, but not two Acro Large rehearsals).

Absences must be called or emailed in, at least one hour before class start time, to be excused absence.

Dancers will be able to log in, via Zoom, to competitive, syllabus ballet and syllabus acro classes, when they are not feeling well, but feel like they are able to participate from home. Dancers who attend virtually will not be marked absent; however, taking competitive/syllabi classes virtually, in place of in-person classes, can not become a regular practice.

Any student who exceeds the absence limit is subject to removal from the team at the discretion of the teachers and director. Dancers must be able to commit to the entire competitive season.

BLACKOUT DATES - MANDATORY CLASS DAYS: It is mandatory for all competitive dancers to be in their final class per style before showcase/stage rehearsal, recital and each competition. Dancers not in their final class, as noted mandatory, may be blocked out of a routine unless their absence falls under 'exemptions'.



Attendance at all performances and competitions (for both dances and adjudications) is mandatory. Schedules for events are released as early as possible but we ask dancers to keep their schedules open during competition dates.

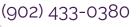
EXEMPTIONS - EXTENUATING CIRCUMSTANCES: Extenuating circumstances such as serious illness, surgery and family emergency will be dealt with on a case by case basis and not count as an excused absence.

It is difficult on both teachers and students when they must re-block a routine; once a student is blocked out of a routine, they may not be able to perform that piece at the remainder of competitions (extenuating circumstances will be taken into consideration).

If we need to switch to virtual classes at any point throughout the season and your dancer chooses to continue with the competitive program, the attendance policies will remain the same.

INJURIES: Dancers must attend and watch all competitive, and in some cases exam classes, to stay up to date with choreography and exercises. No refunds or credits will be given while a dancer is out with an injury.









DRESS CODE

Dancers are asked to come to class in the appropriate attire, as outlined in the dress code. Stars of Tomorrow enforces a dress code to promote safety, discipline and uniformity in its classes. The proper dress allows instructors to view proper body alignment and muscle use; ensuring dancers are performing exercises properly. All Dancers are expected to look neat and professional at all times. Dancers should have all dance shoes in their bag at all times and bring a water bottle to each class.

OTHER DETAILS

Competitions

Please find the information on our 2021-2022 regular competitive group competitions below!

All teams will attend:

- 1. Millennium Dance Festival (Dartmouth, NS)
- 2. VIEW Dance Challenge (Halifax, NS)
- 3 .TBA (Local)

FEES: All fees for competitions will be billed as registration deadlines for each competition approach. Group competition fees generally range from \$40-\$55/group. In addition to a fee per routine, some competitions charge a 'Dancer/Registration Fee'. Competition fee invoices can be expected between September-December 2021 and will be due upon receipt.

*Parent/Dancer will attend two competitions, Millennium Dance Challenge and TBA.

Costumes

COMPETITIVE COSTUMES: Each dancer is responsible for their own competitive costume fees. Competitive costumes generally range from \$70-95/costume. In any case, where a costume from the studio's costume closet may be used, a rental fee will apply and the costume will need to be returned to the studio at the end of the season (or a replacement charge will apply).

FEES: Competitive costume bills will be sent home on or before November 30th, 2021 and are due by January 15th, 2022.

RECREATIONAL COSTUMES: Dancers registered in recreational classes will be required to pay a costume rental fee of \$20.00, HST included, per recreational dance. Recreational costume fees will be posted to dancers' accounts in January 2022 and due by February 15th, 2022.

There are no costume fees for classes such as Acrobatic Arts, Dance Conditioning, Flexibility Strengthening, Leaps & Turns; these classes do not have a recital dance.

Shoes

Each dancer is responsible for the shoes required. Shoe requirements, not outlined on the dress code, for competitive classes, will be decided upon prior to November 30th, 2021.







2021-2022 TUITION/ADMINISTRATIVE FEES

- ALL FEES INCLUDE HST -

HOURLY CLASS FEES

27 (Competitive) & 30 (Recreational) Week Classes

Includes Society of Russian Ballet classes

HOURS DANCED		INSTALLMENT
PER WEEK	CLASS FEE	PAYMENT (\$)
(PER DANCER)	(\$)	(9 PAYMENTS)
.50	265.00	29.44
.50	385.00	42.77
1.00	490.00	54.44
1.25	588.00	65.33
1.50	686.00	76.22
1.75	784.00	87.11
2.00	882.00	98.00
2.25	974.00	108.22
2.50	1,066.00	118.44
2.75	1,158.00	128.66
3.00	1,250.00	138.88
3.25	1,329.50	147.72
3.50	1,409.00	156.55
3.75	1,488.50	165.38
4.00	1,568.00	174.22
4.25	1,635.50	181.72
4.50	1,703.00	189.22
4.75	1,770.50	196.72
5.00	1,837.50	204.16
5.25	1,893.00	210.33
5.50	1,948.00	216.44
5.75	2,003.00	222.55
6.00	2,058.00	228.66
6.25	2,101.00	233.44
6.50	2,144.00	238.22
6.75	2,144.00	243.00
7.00	2,229.50	247.72
7.25	2,309.50	256.61
7.50	2,389.50	265.50
7.75	2,309.50	274.33
8.00	2,548.00	274.33 283.11
8,25	2,628.00	292.00
8.50	2,708.00	300.89
	2,700.00	300.09

DISCOUNTS:

- Paid in Full: Pay in full at the time of registration and save 5% on hourly class fees!
- Family Discount: 10% discount on hourly class fees, for second and subsequent family members registered. Full fees must be paid for the dancer with the highest tuition.

1213 Cole Harbour Road Dartmouth, Nova Scotia

FLAT FEE CLASS FEES

20 Week Classes

Acrobatic Arts, Competitive Contortion, Competitive Tumbling, Dance Conditioning, Flexibility Strengthening &

CLASS	Leaps & Turns CLASS FEE (\$)	INSTALLMENT PAYMENT (\$) (7 PAYMENTS)
30-minute class	120.00	17.14
45-minute class	180.00	25.71
60-minute class	240.00	34.28
75-minute class	300.00	42.85
90-minute class	360.00	51.42

Specialty Groups

Competitive Ballet	115.00	16.42
Summer Piece	115.00	16.42
Parent/Dancer	195.00	27.85
(for both child & adult)		

Sessions

All session classes are offered at a rate of \$12.00 (HST Included) per hour i.e. a 1-hour class running for 4 weeks would cost \$48,00. 45-minute classes running for 4 weeks would cost \$36.00.

ADMINISTRATIVE FEES

ITEM	FEE (\$)	
Competitive Dancer Program Fee	50.00/dancer (maximum of 85.00/ family)	
NSF Cheque Fee	25.00	

TUITION:

(902) 433-0380

- Can be paid in full, or via a payment plan. 27 and 30-week classes, charged following the hourly fee chart, will be broken into 9 payments. 20-week and specialty flat fee classes will be broken into 7 payments. Session classes are due in full, at the time of registration.
- Invoices will be posted to your account (visible via the online parent portal) on the 15th of each month, August 2021-April 2022 (for 27 & 30-week programs) and August 2021-February 2022 (for 20week programs & specialty groups) and are due by the last day of the month. See the registration policies on page 17 for more information.





ADDITIONAL EXPENSES FOR COMPETITIVE DANCERS

Other I tems for Competitive Dancers

ITEM	APPROX. COST	TEAM	WHERE TO PURCHASE
Competitive Jacket	\$90- \$110	All competitive dancers	SOT
Competitive Make-up	TBD	All female competitive dancers	Eyeshadow - SOT, (available fall 2021) Lipstick/Blush - TBD
Rhinestone Earrings (Clip-on & Pierced Available)	\$14	All female competitive dancers	SOT
False Eyelashes	Varies	All female Petite = Senior competitive dancers	Walmart, Pharmacy, Etc.
Stick It	\$23	As necessary	SOT, Twiggz
As noted on page 10			
Competition Fees			
Group Fees Dancer Fee	\$40-\$55/dance \$40-\$50/dancer (generally charged at 1 competition/year)	All competitive dancers All competitive dancers	To be billed through SOT
Costumes Competitive Recreational	\$70-\$95/dance \$20 rental fee/ dance	All competitive dancers All dancers in a recreational class	SOT SOT
Shoes	Varies	All competitive dancers	SOT, Johnny Brown, Twiggz, DanceQuest

1213 Cole Harbour Road Dartmouth, Nova Scotia

(902) 433-0380





COVID-19 RELATED CLASS PROTOCOLS

Stars of Tomorrow Dance Academy is dedicated to keeping the health and safety of our dancers and faculty at the forefront of all future plans. Stars of Tomorrow will follow all guidelines, as laid out by the Province of Nova Scotia, throughout the upcoming season. Upon our re-opening for in-person classes our 'Studio Health & Safety Policies' will be updated noting the details on our practices to keep everyone safe.

GOVERNMENT-MANDATED CLOSURE PROTOCOL

In the event of a government-mandated closure; all classes will switch to the virtual model. Dancers will automatically be rolled over to virtual classes, unless an email is sent to the office, withdrawing students from the class. All dancers have the option to withdraw from either recreational and/or competitive programming should they not want to continue virtually.

In-person competitive students, who do not participate in virtual classes, in the case of a closure, will not be permitted to return to competitive classes once classes resume back at the studio.

HYBRID DANCE CLASSES

We are proud to offer a combination of 'In-Person' and 'Hybrid' dance classes. 'Hybrid' classes have an option for dancers to attend virtually or in person.

Our '2021-2022 Class Schedule' indicates what classes are being offered as in-person only vs. those being offered via the Hybrid model.

All recreational classes, Dance Conditioning, Leaps & Turns and Flexibility Strengthening classes, with the exception of Acrobatic Arts, Pointe and Society of Russian Ballet classes will be offered via the Hybrid model.

All competitive, Acrobatic Arts, Pointe and Society of Russian Ballet classes will be offered in-person only (on a regular basis); however, should a student not be able to attend an in-person class due to illness (when still feeling well enough to participate from home), illness of a family member, or for another important reason, a Zoom link will be sent, upon request. Last-minute requests will not always be able to be accommodated. Parents/guardians are asked to email the studio a minimum of two hours prior to class.

VIRTUAL ATTENDEES: Dancers that choose to take dance classes offered virtually will be given a secure Zoom link that brings dancers into the studio, from the comfort of their home. Virtual students will be taking class 'live'; via online participation, alongside dancers attending in person. Virtual attendees will not participate in the year-end recital.



IN-PERSON ATTENDEES: Dancers that choose to attend dance classes in person will attend classes at SOT, with other dancers, instructed by a teacher in the room.

- Dancers may do a combination of in-person and virtual classes; i.e. a dancer may attend their competitive, and syllabus classes in person but do their Flexibility Strengthening class virtually.
- Attendees may switch from virtual to in-person, space permitting, up until December 19th, 2021; after this time, virtual students will not have the option to switch to in-person classes.
- In-person attendees may switch to virtual at any time but will not have the option to participate in the year-end show after switching.

1213 Cole Harbour Road Dartmouth, Nova Scotia





sotdance@live.com



COMPETITIVE REQUIREMENTS & EXPECTATIONS

Upon registration, all parents/guardians will be required to sign that they have read the competitive package and that both they and their dancer(s) agree to adhere to both the package and the competitive requirements & expectations laid out in the package.

GENERAL COMPETITIVE TEAM MEMBER RULES

- Dancers may not dance on any other competitive dance team or performance group while dancing for Stars of Tomorrow Dance Academy Inc.
- Students must attend all classes and extra practices and adhere to the attendance policy as outlined in the 2021-2022 competitive package. Dancers and/or parent(s)/guardian(s) are asked not to approach teachers for permission to miss practice.
- Dancers are required to attend all performances (including recital) and dance competitions, including adjudications.
- Parent(s)/guardian(s) and/or others are not permitted to sit in on competitive classes.
- Dancers and parent(s)/guardian(s) should not walk into an ongoing rehearsal.
- When wearing any Stars of Tomorrow Dance Academy Inc. apparel, in or out of the studio, dancers must act with class and dignity so as not to discredit themselves or Stars of Tomorrow Dance Academy Inc.
- Dancers will respect all Stars of Tomorrow Dance Academy Inc. staff and teammates property.
- Dancers must not engage in any unfavourable, questionable, or illegal manner through electronic media (i.e. websites, 'Snapchat', 'Facebook', 'Instagram', 'Twitter', text messages or similar) or use electronic communication devices (i.e. cell phones, camera phones, digital photos) in such a way as to bring discredit, dishonour, or disgrace on Stars of Tomorrow Dance Academy Inc. or its dancers - including yourself.
- Dancers must never speak disrespectfully to or about any other dancer at the studio, in or outside of Stars of Tomorrow Dance Academy Inc.
- Dancers, while involved in classes, rehearsals, performances and competitions must conduct themselves as representatives of Stars of Tomorrow Dance Academy Inc. and in a professional manner.
- Any dancer under the influence of drugs or alcohol while involved in studio activities will result in immediate dismissal from the company.

STUDIO RULES

- Noise should be kept to a minimum when waiting outside of the studio.
- Stars of Tomorrow Dance Academy Inc. is a nut-free studio and has students with severe allergies, no products containing nuts can be brought into the building.
- Dancers must follow the dress code. The required dance attire and footwear (once specified) must be worn to all classes.
- The use of phones and electronic devices is prohibited during rehearsals.
- No gum or food is allowed in the dance room; water bottles are necessary.
- Dancers must display a positive and respectful attitude in the studio. Disrespectful behaviour towards staff, assistants or other students will not be tolerated.
- If a dancer is ill or injured, a parent/guardian must contact the office prior to class so the instructor can be made aware of your limitations.
- Dancers must display a good general positive attitude regarding the studio and other studios. Adversarial, argumentative behaviour or negative comments will not be tolerated.
- All dancers are to be responsible for ensuring that both the lobby area and dance studios are clean and presentable before and after all classes.
- All Covid-19 related policies as stated in the 'Studio Health & Safety Policies' must be adhered to.







COMPETITIVE REQUIREMENTS & EXPECTATIONS CONTINUED

CLASS ETIQUETTE

Dancer(s) should always:

- Use the restroom before class.
- Be ready to begin on time; dancers should enter the studio immediately when called into class.
- Keep chatter in class to a minimum/do not talk while the teacher is speaking.
- Be an active learner; do not sit down during class.
- Ask the teacher for permission to leave the studio.
- Be prepared to work hard during all classes. Dancers should always give 100% during classes, practices, and performances; dancers are expected to try their best to complete every exercise with full energy.
- Focus on the class they are taking and not practice combinations, pertaining to other classes, during this class time.
- Accept corrections as positive criticism and use feedback as an opportunity to grow and to improve. Dancers should listen to all corrections provided; even those directed towards another dancer could be beneficial.
- Help support and encourage company members, teachers and directors.
- Thank the teacher before leaving the studio.

PERFORMANCE & COMPETITION RULES

Performance & competition rules ensure each event runs smoothly and successfully.

- Dancers must wear their SOT team jacket at all workshops, performances and competitive events.
- Dancers must arrive prior to the designated time for all events this typically means 1 to 1.5 hours before the scheduled competition or performance time.
- Dancers must arrive in performance make-up with hair done and ready to perform as per the information provided from the office.
- Dancers and must be respectful of the studio's director, teachers, staff, and chaperones.
- Dancers are responsible for bringing all costumes (including headpieces, jewelry, shoes) to each performance/competition.
- Upon arrival at the competition site, dancers must set up their costumes in a neat and orderly fashion. All dancers must be respectful of the room that they share. Throughout the competition, dancers are responsible for immediately cleaning up their garbage and any other messes; the appearance of your change room reflects on the studio.
- All dancers are expected to warm up, stretch and rehearse their routine once ready in their first costume.
- Dancers should not eat or drink (except water) when wearing their costumes unless they are fully covered.
- Dancers are required to attend their own adjudication sessions. Dancers must wear their team jacket for adjudications.
- Dancers and are reminded to not enter or exit the auditorium during other dances.
- Dancers are reminded to support all competitors, congratulate the dancers who win and be gracious to your fellow competitors if you are fortunate enough to be the winner. Dancers must demonstrate respect at all times towards those involved in the competition; clap for each other and other studios!
- Dancers must not argue or complain about the decisions made by those in authority at a competition or performance site.
- Dancers must maintain a positive attitude throughout performances and competitions, including backstage and during adjudications. They should not discuss their disappointments or displeasure in open forums for everyone to hear; this includes posting comments on social media sites such as Facebook/Instagram.
- Dancers must not engage in abusive, offensive or demeaning tactics with other dancers at the competition.
- There are times routines will be awarded a cash award from a competition. Cash prize money won for solo, duo, or trio routines will be split between the participants of the routine and given to them via EMT or cash. In the event a competition issues solo, duo or trio routines, a non-monetary scholarship, to go towards event fees for the next season, the credit will be applied to the participants of the routines competition fee invoice, the following year. Scholarships will not be refunded in cash and are forfeited if the dancer does not continue with Stars of Tomorrow Dance Academy Inc.







COMPETITIVE REQUIREMENTS & EXPECTATIONS CONTINUED

PARENT/GUARDIAN REMINDERS

Along with the dancers, parent(s)/guardian(s) of Stars of Tomorrow Dance Academy Inc. are reminded to treat others as they would expect to be treated themselves. Positivity and encouragement are crucial parts of our studio and all team members and their families are requested to invest in that.

- Parent(s)/guardian(s) are expected to respect all staff, dancers and families.
- Parent(s)/guardian(s) will not interact with anyone at Stars of Tomorrow Dance Academy Inc. or at a performance/ competition in a manner that is intended to provoke hostility. All concerns with behaviour should be voiced to the studio manager.
- Parent(s)/guardian(s) must abide by the policies and rules of the competitions we attend. Any conflicts should be resolved without resorting to rude comments or outbursts. Please pay special attention to policies on taking photos and videos at competitions. At some competitions, members of a studio taking photos or videos can result in disqualification.
- Parent(s)/guardian(s) are reminded to not enter or exit the auditorium during other dances.
- Parent(s)/guardian(s) are asked to encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for organizers, all studios and dancers. Children learn best from example; applaud all performers.

Please remember...

Children participate in dance first and foremost to have fun. Doing one's best is more important than winning. Dancers are praised for competing fairly and trying hard.

At Stars of Tomorrow Dance Academy Inc., we believe skill development and practices, and how they benefit dancers, are more important than winning. Parent(s)/guardian(s) are asked to focus upon the child's efforts and performance rather than the overall outcome of the performance. Parent(s)/guardian(s) are asked to understand that dancers exhibiting inappropriate behaviour will be asked to leave the class or competition immediately and possibly the team. Parent(s)/guardian(s) will be upheld to this standard.

INFRACTIONS OF STUDIO/COMPETITION RULES

Dance is an art form that requires a high level of discipline. Dancers are representatives of the studio and role models for other dancers. Directors and staff will be honest and respectful towards our dancers and parent(s)/guardian(s); we expect the same level of honesty and respect in return. Infractions of the studio and competition rules, detailed in this document, will be dealt with on an individual basis by the teacher, studio manager, Stephanie Hibberd, and/or studio director, Alicia Christensen.

Consequences of failure to follow the Stars of Tomorrow Dance Academy Inc. requirements and expectations may result in, but is not limited to, the following actions:

- Sitting out a practice, performance or competition.
- Suspension from the team.
- Depending on the infraction, we reserve the right to immediately dismiss the dancer from the team.

A member may be dismissed from the team (without refund) for any, or a combination, of the following:

- Excessive absences/tardiness to class, rehearsal, performance, competition.
- Continual disruptive/disrespectful behaviour in any class, rehearsal, performance or competition.
- Continual infractions of the contract.
- A negative attitude affecting the competitive team as a whole or any individual teammate.
- Failure to meet financial obligations as scheduled.

Please remember to dance on a competitive team is a privilege, but also a commitment. If you are not committed, you may lose the opportunity to continue with our competitive team.







REGISTRATION POLICIES

REGISTRATION/TUITION

Stars of Tomorrow Dance Academy is excited to have a new online registration process. All families will be able to create their own 'Parent Portal' account. This account will allow you to register for classes, sessions, workshops and more! For the initial setup of the account, a credit card is required. This credit card will be kept on file and be processed for fees unless other arrangements are made, as outlined below. Should you not have a credit card to set up your account, please email the office.

- Upon registration, the \$50.00/dancer (maximum of \$85.00/family) non-refundable 'Competitive Dancer Program Fee' will be posted to your account. Payment for this fee will be taken from the credit card on file on Monday, July 5th, 2021. To make alternate payment arrangements please contact the office prior to July 5th, 2021. With your 'Competitive Dancer Program Fee', you have registered in our program;
 - Our recreational program, except where otherwise noted, runs from September May and includes at least 30 weeks of instruction. In some cases, you will receive more than the 30 guaranteed classes however a minimum of 30 weeks will be run. In the case of class cancellations resulting in less than 30 weeks of classes being offered, make-up classes will be scheduled.
 - Our regular season competitive classes run from September-May and include at least 27 weeks of instruction. In some cases, you will receive more than the 27 guaranteed classes however a minimum of 27 weeks will be run. In the case of class cancellations resulting in less than 27 weeks of classes being offered, make-up classes will be scheduled.
 - All September-March programs, including Acrobatic Arts, Competitive Contortion, Competitive Tumbling, Dance Conditioning, Flexibility Strengthening and Leaps & Turns classes will run for a minimum of 20 weeks. In some cases, you will receive more than the 20 guaranteed classes however a minimum of 20 weeks will be run. In the case of class cancellations resulting in less than 20 weeks of classes being offered, make-up classes will be scheduled.
- Upon registration, you must choose an 'Annual' or 'Monthly' payment schedule;
 - Upon choosing an 'Annual' payment schedule, fees for the year will be posted to your account. A 5% discount will be applied to all hourly class fees and payment will be taken from the credit card on file on Monday, July 5th, 2021.
 - Upon choosing a 'Monthly' payment schedule you will be set up to receive your invoices, in installments, on the 15th of the month, visible via the online parent portal, due by the last day of the month.
 - 27 and 30-week classes, charged following the hourly fee chart, will be broken into 9 payments (August 2021-April 2022)
 - 20-week and specialty flat fee classes will be broken into 7 payments (August 2021- February 2022).
 - We will take payment via the credit card on file on the last day of the month. Alternatively, you may
 choose to pay your tuition by cash, cheque, debit, EMT or alternate credit card prior to the last day of
 the month to avoid charges to your card on file.
 - If you choose the 'Monthly' payment option, please understand, monthly installments have no reflection on the number of classes held during that month, they are installments towards the total tuition due.
- IMPORTANT: All dancers part of our competitive program are required to choose 'Competitive' (not 'Recreational') under 'Account Information' on the online registration form (even when registered for both competitive and recreational classes); this will ensure you are billed on the correct dates, as outlined above.
- All session classes will run for the duration noted. When registering online, session fees will be taken from the card on file. For alternate payment methods, please register through the office.
- Late registration will be pro-rated for recreational classes; there is no late registration for competitive classes.
- Dancers with past due accounts will not be able to register for the 2021-2022 season.
- There are no refunds/credits given when a recreational or competitive class is run and students are unable to attend.
- No refunds or credits will be given while a dancer is out with an injury.

1213 Cole Harbour Road Dartmouth, Nova Scotia





sotdance@live.com



REGISTRATION POLICIES CONTINUED

REGISTRATION/TUITION CONTINUED

- In the event of a government-mandated closure, all in-person classes will switch to virtual. Tuition will remain the same; no discounts given.
- All NSF cheques will have a service charge of \$25.00.

WITHDRAW

- No refunds will be issued to competitive students, for any reason, other than in the case of a government-mandated closure. In the event of a government-mandated closure; all classes will automatically be rolled over to virtual. All dancers have the option to withdraw from recreational and/or competitive programming, in the case of a government-mandated closure, should they not want to continue virtually. Competitive dancers, who withdraw, will not be permitted to return to competitive classes for the rest of the season, once classes resume back at the studio. Dancers who withdraw from recreational classes, in the case of a closure, will have to re-register, space permitting, for recreational classes.
- If you wish to withdraw your dancer from a class at any time, an email must be sent to the office, by the parent/guardian.
- You will be held accountable for tuition charged to your account until the date that a withdrawal email is sent to the office regardless of classes attended/not attended prior to that date. Funds charged to your account up until your withdrawal notice will not be refunded, no additional payments will be charged.

COSTUMES

- Competitive costume fees will be billed on November 1st, 2021 and payment charged to the card on file on November 30th, 2021. Alternatively, you may choose to pay your competitive costume fees by cheque, debit, EMT or alternate credit card prior to November 30th, 2021, to avoid charges to your card on file.
- Recreational costume rental fees will be posted to your account on January 15th, 2022 and payment charged to the card on file on January 31st, 2022. Alternatively, you may choose to pay your recreational costume rental fees by cheque, debit, EMT or alternate credit card prior to January 31st, 2022, to avoid charges to your card on file.
- Once invoices have been posted to your account; costumes have been ordered and no refunds are available.
- Competitive costumes will not be given to dancers until fees are paid in full; recreational costumes will stay at the studio.
- Once competitive costumes are fitted and given to the dancer, any additional alterations/repairs will be done at the cost of the dancer.

OTHER

- Although rare, class times are subject to changes up to their start date. Refunds will be issued in the case of a changed class time that does not work for the dancer/family.
- Classes require a minimum enrollment of 4 students, in the event of inadequate enrollment a full refund will be given for both the class and competitive dancer program fees.
- Class cancellations, due to weather conditions (snowstorm, power outages, etc.) will be decided two hours before classes start for the day when possible. In the case of a cancellation, an email will be sent, a text broadcast sent and a post will be made on social media channels. Classes will only be made up if the minimum number of classes, as outlined in this package, are not met

REGISTRATION

Registration will open Monday, June 21st, 2021! The deadline to register for our competitive program is Sunday, July 4th, 2021. Information on how to log in to our parent portal will be sent closer to the online registration opening.

In addition to registering online, all dancers are asked to use the sign the Competitive Code of Conduct, <u>https://waiver.smartwaiver.com/v/season22coc/</u> and agree to all registration policies,

https://waiver.smartwaiver.com/v/sotregpolicies/ at the links provided.



